GUIDING PRINCIPLES

- Many graduate students and postdocs would like to do something to promote women in astronomy and help create a female-friendly workplace, but their time for such activities is limited.
- CSWA has generated this list of suggestions which was inspired by the comments of attendees of the "Women in Astronomy III" conference held Oct 21-23, 2009, College Park, MD.
- Women and men are equally talented and deserve equal opportunity.
- Full participation of men and women will maximize excellence in the field.
- We can all make a difference, one step at a time.

For details or for more copies of this brochure, please visit the AAS/CSWA website:

http://www.aas.org/cswa/

What Can I do?
was inspired by attendees of the
"Women in Astronomy and Space Science 2009:
Meeting the Challenges of an Increasingly Diverse
Workforce" conference held
Oct 21-23, 2009, College Park, MD.

Brochure Design: J. Schmelz (U. Memphis).
Images courtesy of the
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Cover Quote: Margaret Mead

WHAT CAN I DO?

Suggestions for graduate students & postdocs for promoting women in astronomy & creating a female-friendly workplace – making a difference one step at a time



Presented by the

American Astronomical Society (AAS)

Committee on the Status of Women in Astronomy (CSWA)

Never doubt that a small group of committed citizens can change the world. Indeed, it is the only thing that ever has.

- Margaret Mead



PASADENA RECOMMENDATIONS

 Get your department/company/ organization to endorse the Pasadena Recommendations.

Start by going to the web site to check the endorsements:

 $\underline{http://www.aas.org/cswa/pasadena_endorse}$

Not there? Links to the full set of recommendations as well as a summary brochure are available at the top of the page.

Note: it is not important that all the recommendations are currently followed; it is important that the principles are supported.

BROCHURE

2. Create a brochure of the family-friendly policies. For an example, here's one from STScI:

http://www.aas.org/cswa/STFam.pdf

CSWA-SPONSORED AAS SESSIONS

3. Invite your department chair/boss/ research supervisor to attend a CSWA-sponsored session and/or Town Hall at the next AAS meeting.

This information is available on the AAS meeting web site.

AASWOMEN

 Get a friend/colleague to subscribe to AASWOMEN, CSWA's weekly electronic newsletter.

> Simply send e-mail to majordomo@aas.org, with message in the BODY: subscribe aaswlist your_email_address

STATUS

5. Get your friends/colleagues to read STATUS, CSWA's semiannual publication.

It consists of original and reprinted articles on topics relating to women in astronomy, in science and/or in society. Then get together to discuss an article.

http://www.aas.org/cswa/STATUS

AAS WORKSHOP

6. Attend a career development workshop at an AAS meeting.

POSTDOC SOCIALIZING

7. Put together an e-mail list of the postdocs in your department/ research group and invite them all out for coffee.

Suggestion from: Amber Straughn (GSFC)

LUNCH TALK

8. Present a lunch talk in your department/research group summarizing the info and outcomes of the Women in Astronomy III conference.

Suggestion from: Laura Lopez (UCSC)

JOIN A GROUP

9. Join the Women in Astronomy/ Physics/Science group in your department/ research group. Such a group doesn't exist? Start one!

> Suggestion from: Sonali Shukla (Penn State)

SUGGESTIONS?

10. Make a suggestion to add to this list. Send it to:
AASWOMEN@ aas.org